

CHECKLIST

Indicators of Dyspraxia/DCD in Children

Please review the questions below, and check those that apply. If you check several of the boxes in more than one category, you may want to consider a medical assessment and/or treatment for your child.

This checklist is not diagnostic. A diagnosis requires a medical professional or team of medical professionals. While it is best to get an assessment and/or treatment at the earliest age possible, Dyspraxia/DCD is rarely diagnosed before the age of 5.

Early Years (may have had some, all or none of the following):

- Was your child born prematurely or was it a difficult birth?
- Did your child have difficulty feeding?
- Did your child roll over, sit up, crawl and/or walk later than expected?

Compared to other children of the same age, does (did) your child have difficulty with any of the following:

- Using eating utensils?
- Drawing and writing?
- Cutting with scissors?
- Dressing and using buttons, snaps, and/or zippers?
- Learning to tie shoes?
- Learning to ride a bicycle?

Is your child:

- Messy or very slow when eating?
- Slow in performing daily activities?
- Frequently bumping into things, tripping or falling?
- Easily frustrated when they cannot accomplish tasks of daily living?
- Does your child tire easily?

Consider possible indicators other than movement, overlapping conditions, or symptoms related to difficulties of living with Dyspraxia/DCD, for example:

- Does your child have trouble with speech or language?
- Does your child forget things easily?
- Does your child have difficulty following steps in a sequential order?
- Does your child have trouble keeping track of their personal belongings?
- Is anyone else in the extended family "clumsy" or awkward in movement and/or in handling objects?
- Does your child avoid team sports or activities that require movement?
- Does your child find noisy or brightly lit environments distracting or overwhelming?

For additional information about the signs and symptoms associated with Dyspraxia/DCD in children, please see [Children Signs and Symptoms](#) on our website.